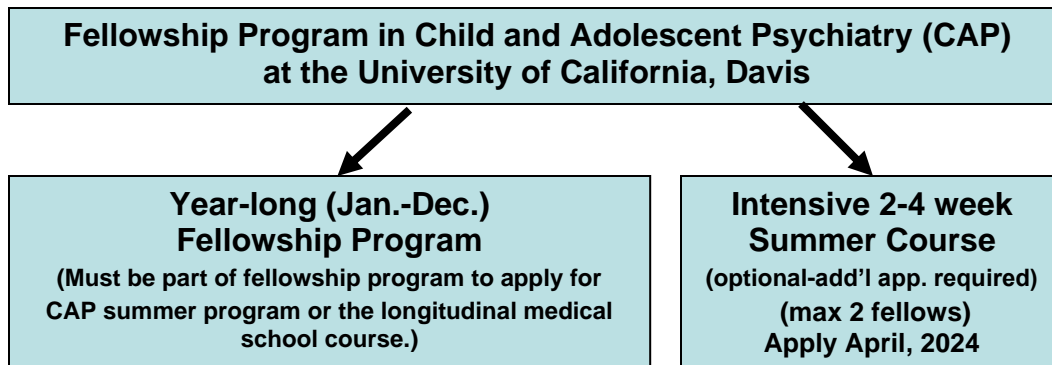


**The Klingenstein Third Generation Foundation
Fellowship Program
in Child and Adolescent Psychiatry
at the University of California, Davis**

Student Packet

Revised August 7, 2023



**MENTORING/ CLINICAL
EXPERIENCES**

- Exposure to all aspects of CAP
- Discuss clinical experiences
- Choose focused topic for educational project
- Professional development

EDUCATIONAL PROJECT

- Literature review
- Creation of teaching module
- Presentations to academic and community groups

FELLOWSHIP MEETINGS

- Monthly meetings
- Discuss clinical exp.
- Discuss progress on educational project
- Professional speakers
- Optional movie nights

EVALUATIONS

- Complete program evaluations
- AACAP surveys

Application Guidelines

- Any medical student, in good standing, attending UC Davis School of Medicine is eligible for a fellowship.
- Applications may be submitted beginning October 2023 for the mentoring program. Student leaders will set application deadline.
- An additional application will be required for the summer course in April 2024. If accepted for the summer course, student will need to enroll in this medical school elective course through the registrar/department of psychiatry. This course is dependent on current COVID restrictions and availability.
- Fellows may also enroll in a longitudinal medical school elective course running the winter, spring, and summer quarters. This course is a pass/fail course and provides medical school credit. Responsibilities are the same as for the informal fellowship, but activities will be tracked more carefully to ensure the fellow receives a passing grade.

Summary of Fellow's Responsibilities

- As representatives of the fellowship program, it is expected that fellows will conduct themselves with the highest degree of professionalism
- Shadow at least 3 of the mentors and have at least 6 clinical experiences per year
- Attend fellowship meetings on a regular basis
- Complete an educational project on a focused topic of choice
- Present educational project in at least one academic and one community setting
- Complete interval evaluations of program and AACAP surveys (annual)



BACKGROUND

What is The Klingenstein Third Generation Foundation?

The Klingenstein Third Generation Foundation (the Foundation) was established in 1993. The Foundation has funded programs and post-doctoral research in children's mental health, primarily in the areas of childhood/adolescent depression and ADHD. The Foundation has also supported training programs that expose medical students to the field of child and adolescent psychiatry (CAP).

What is The Fellowship Program in CAP at UC Davis (TKTGF)?

The Klingenstein Fellowship at UC Davis, established in 2005, is a faculty mentoring program that introduces medical students in their pre-clinical years to the field of child and adolescent psychiatry (CAP). The program leadership consists of 2-3 medical student leaders, a psychiatry resident leader and a faculty program director. The goals and objectives of the program are clearly articulated. Those who are interested apply by means of a formal application.

Accepted candidates gain access to a pool of mentors comprised of volunteer clinical faculty, child psychiatry residents and full-time faculty. The mentor/fellow relationships are designed to accomplish several objectives. First, mentors are available to meet with fellows to arrange clinical experiences including both shadowing and direct patient care. There is opportunity for students to experience a wide variety of clinical settings and career options in child and adolescent psychiatry. Second, mentor/fellow meetings allow for professional development, discussion of cases, and education in child and adolescent psychiatry. Third, the mentors help the fellows choose an educational topic and can serve as advisors for an educational project.

Each fellow chooses a focused topic of interest. This might be a specific child psychiatric disorder, a treatment model, or an aspect of normal development. The fellow will review literature and have hands-on experience with the focused topic. Then, working independently or in a group of two or three students, the fellow develops a teaching module. Each module is reviewed by peers and faculty. Each fellow will be expected to present the topic to both their peers and a community audience. Possible community forums include parent and teacher organizations, and the module will be added to a library for possible future use by other medical students.

In addition to these activities, fellows will meet monthly as a group to discuss their clinical experiences and progress on their teaching modules. They will have the opportunity to share

experiences, hear visiting child psychiatrists speak, and meet with faculty. The students are also invited to attend special lecture series and case conferences pertinent to child psychiatry held at UC Davis.

A limited number of fellows (maximum 2-4) will have an opportunity to apply for an intensive, four-week CAP summer clinical experience between their first and second years of medical school. Two weeks of this "mini-clerkship" will consist of mornings on an inpatient child psychiatry unit and the other two weeks will consist of afternoons in various child psychiatry clinics, exposing the fellow to a wide variety of child psychiatry settings. This is a medical school elective course. Fellows will also have the opportunity to enroll in a formal longitudinal elective course. Students who choose to enroll will receive medical school credit and will be more closely monitored to insure they meet the minimum requirements to pass the course. Both the longitudinal course and the summer course are graded as pass/fail.

Evaluation of the Program

There are three primary methods of evaluation of the Klingenstein Medical Student Fellowship Program at UC Davis. First, all fellows will complete evaluations of their experiences and adjustments will be made wherever possible.

Second, each fellow's educational project will be evaluated by the peer group, the collective mentor group, and by the program leadership. When the educational module is finished, the fellow will present the project to fellow students and community agencies.

Finally, future enrollment (student interest) and the ultimate career choices of participating fellows (into first general and subsequently into child and adolescent psychiatry) will be monitored by the student leadership and the American Academy of Child and Adolescent Psychiatry via annual online surveys. These surveys are extremely important to complete, and participation is mandatory.

Klingenstein Annual Conference

Years ago, two of the Foundation's funded medical student programs, Yale and Harvard, generated a friendly academic exchange during the traditional Harvard-Yale football weekend. As the Foundation funded more medical student programs, Yale and Harvard invited the rest of the funded schools to participate. At this conference, formerly known as the "Klingenstein Games", students from the attending schools present their work to one another and engage in a variety of socializing and networking events. This grantee-inspired event has developed into a tradition in which students come together in January or February of each year. Fellows are encouraged to attend the conference which will

be held at the University of Illinois on January 27,
2024

