

Name: Shari Barela

Title: Shari Barela, MSN, FNP-BC, AGACNP-BC, CCRN –
Nurse Practitioner III , Department of Neurology / Epilepsy

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Email: sabarela@health.ucdavis.edu

Specialty: Department of Neurology

specializing in Adult and Pediatric Epilepsy

Philosophy of Care:

My philosophy of care is grounded in empathy, collaboration, and a holistic approach to each patient's unique journey. I believe epilepsy extends far beyond seizures, individuals often experience a constellation of symptoms that affect cognition, mood, and daily life. My goal is to treat the whole person, not just their symptoms, by integrating evidence-based medicine with compassionate, patient-centered care. I strive to empower patients and families through education, shared decision-making, and open communication, ensuring they feel supported and informed every step of the way. I am especially passionate about the role of epilepsy surgery for patients with refractory epilepsy, as it offers hope and the possibility of life-changing outcomes for those who have not found relief through medication alone.

Education:

- Post-Master's Certificate in Adult-Gerontology Acute Care Nurse Practitioner — Grand Canyon University
- Advanced Practice Provider Fellowship, Neurology — UC Davis Medical Center
- Master of Science in Nursing, Family Nurse Practitioner — Sonoma State University
- Bachelor of Science in Nursing — California State University, Sacramento
- Associate of Science in Nursing — Northland Pioneer College

Certification:

- 2023 - Adult-Gerontology Acute Care Nurse Practitioner — American Nurses Credentialing Center (ANCC)
- 2020 - Family Nurse Practitioner — American Nurses Credentialing Center (ANCC)
- 2019 - Certified Critical Care Registered Nurse — American Association of Critical-Care Nurses (AACN)

