

Name: Martha Benavides

Title: IGT NP

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Specialty: Inpatient Glycemic Team



Philosophy of Care:

Dedicated, compassionate, and culturally sensitive Nurse Practitioner with nearly 20 years of healthcare experience spanning cardiac nursing, primary care, and acute care roles. I bring a wealth of knowledge and expertise to my practice, particularly in the management and education of diabetes, CGMs, and various insulin pumps.

My transition from primary care to an acute care nurse practitioner role has allowed me to deepen my clinical knowledge and broaden my scope of practice. I am grateful for the diverse opportunities the nursing profession offers and remain committed to lifelong learning and professional growth. My journey has been driven by a desire to provide exceptional and equitable care, and I look forward to continuing to make a positive impact in the lives of my patients and the broader healthcare community.

I am also passionate about teaching and mentoring, regularly educating patients, their caregivers, clinical colleagues, advanced practice students, and fellows on inpatient glycemic management. I strive to promote positive outcomes for patients living with diabetes through education and encourage self empowerment and self management.

Education:

2024 UCSF, Post Master's AG-ACNP Certificate Program

2007 Samuel Merritt College, MSN, Family Nurse Practitioner Certification

2001 UC Davis, BS, Psychology with Biology emphasis

Certification:

2024 AG-ACNP

2022 BC-ADM

2017 CDCES

2007 FNP-BC