

May 15, 2021
8:45-11:45 a.m.



VIA ZOOM
[Register Here](#)



Hendry Ton, M.D., M.S.



Tin Nguyen, M.D.



Trang Hoang, LMFT

Vietnamese Mini-Medical School

As we age, it is important to learn about what we can do to maintain our health. The Vietnamese Mini-Medical School is the first event of its kind with a focus on covering important health topics for the Vietnamese population including: Brain Health, Heart Health, and Stress/Mental Health. The proceedings will be conducted in **Vietnamese and English** with simultaneous translation; presentations will be followed by a question and answer session.

COPING WITH MENTAL STRESS

Dr. Hendry Ton is Associate Vice Chancellor for health equity, diversity and inclusion, and Health Sciences Clinical Professor of Psychiatry and Behavioral Sciences at UC Davis Health. He previously served as the director of education at the UC Davis Center for Reducing Health Disparities where he led the development of a training program to help health care leaders make culturally transformational changes at academic, county, and state health organizations.

LIVING HEART HEALTHY

Dr. Tin Nguyen completed his internal medicine residency at the Brody School of Medicine at East Carolina University in Greenville, North Carolina in 2015. In 2018, Dr. Nguyen began practicing Cardiology as part of Mercy Medical Group, which serves the diverse community of Sacramento. Dr. Nguyen strongly believes in creating personalized, patient-centered solutions by taking a comprehensive and accommodating approach to cardiovascular care.

EMPOWERING CAREGIVERS WITH EDUCATION ON ALZHEIMER'S DISEASE

Trang Hoang is a licensed marriage and family therapist and works as a behavioral health program coordinator for the County of San Diego. Prior to relocating to San Diego, Ms. Hoang provided mental health services in Sacramento and Wheatland, CA for Wheatland School District, non-profit organizations, and Sacramento County Probation as well as Sacramento County Access Team.

For questions, contact Dr. Oanh Meyer, olmeyer@ucdavis.edu or ARI at [\(916\) 454-1892](tel:9164541892).

This program is in partnership with ARI and sponsored by the UC Davis Clinical and Translational Science Center (NIH/NCATS TR001860) and the UC Davis Alzheimer's Disease Center (NIH/NIA AG010129).