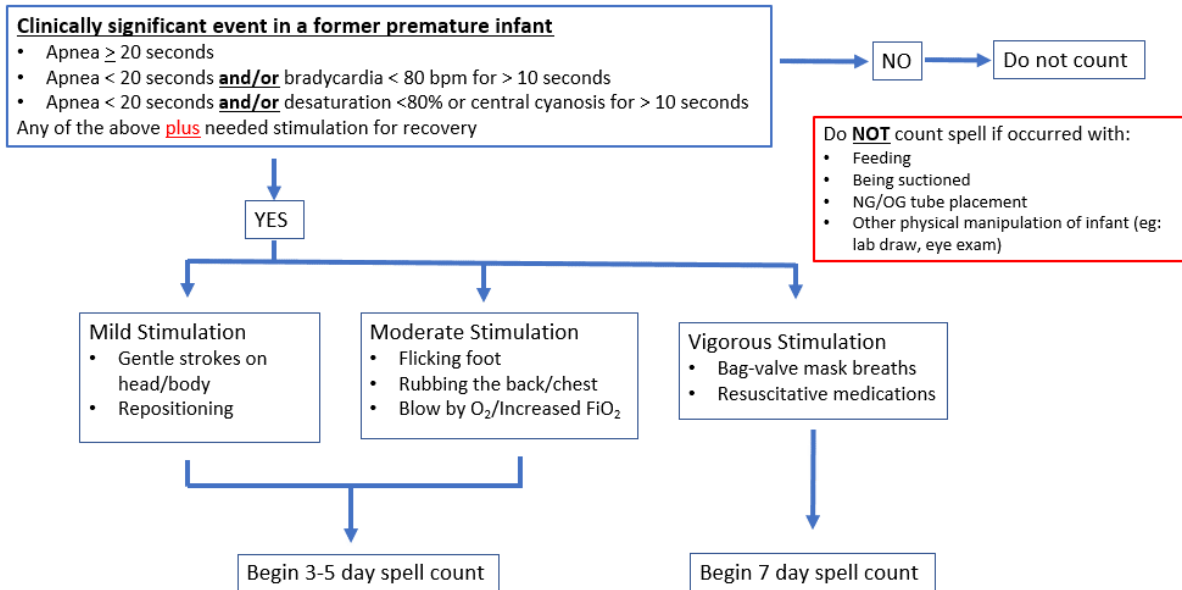


## Discharge of Preterm Infants with Apnea of Prematurity



**Consider a longer spell count (at least 5 days) for infants <30 weeks gestation at birth  
Spell count starts when at least 5 days have passed since the last dose of caffeine**

### Resources:

Chung J, Tran Lopez K, Amendolia B, Bhat V, Nakhla T, Slater-Myer L, Saslow J, Aghai ZH. Stopping caffeine in premature neonates: how long does it take for the level of caffeine to fall below the therapeutic range? *J Matern Fetal Neonatal Med.* 2022 Feb;35(3):551-555. doi: 10.1080/14767058.2020.1729117. Epub 2020 Feb 20. PMID: 32079435.

Eichenwald EC; Committee on Fetus and Newborn, American Academy of Pediatrics. Apnea of Prematurity. *Pediatrics.* 2016 Jan;137(1). doi: 10.1542/peds.2015-3757. Epub 2015 Dec 1. PMID: 26628729.

Lorch SA, Srinivasan L, Escobar GJ. Epidemiology of apnea and bradycardia resolution in premature infants. *Pediatrics.* 2011 Aug;128(2):e366-73. doi: 10.1542/peds.2010-1567. Epub 2011 Jul 11. PMID: 21746726; PMCID: PMC3387856.

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