

CAR SEAT RESOURCES IN THE SACRAMENTO AREA

The agencies below help parents and caregivers with installing child safety seats correctly. Some agencies may provide low-cost seats to families who qualify.

Car Seat Classes

The agencies below offer car seat classes by appointment only. Call for more information.

Dignity Health: Provides a low-cost car seat program for low-income families with proof of assistance. The program includes online car seat education training and in-person appointments to show installation.

Appointments for child safety seat checks are offered in-person or virtually. Child safety seat check appointments can be scheduled on the website: Safekidssacramento.org

Call for more information:

English (916) 864-5779

Spanish (916) 904-3799

Hmong (916) 864-5541

***UC Davis Health:** Free car seat classes in English and Spanish for eligible families. Classes are currently offered virtually. For more information and to set up an appointment, please call: (916) 734-9798

California Car Seat Law

Effective January 1, 2017: Children under 2 years of age must ride in a rear-facing car seat unless the child weighs 40 or more pounds OR is 40 or more inches tall. Children under the age of 8 must be secured in a car seat or booster seat in the back seat. Children who are 8 years of age OR have reached 4'9" in height must be secured by a safety belt. Passengers who are 16 years of age and over are subject to California's Mandatory Seat Belt law.

Updated January 2026

Violator Program

Programs are offered for car seat and youth seat belt violations. Programs are by appointment and court referral only. Classes may be offered virtually or in person, call for more information.

*UC Davis Health Buckle Up Baby Program:
(916) 734-9798

*Yolo County HHS: (530) 406-4410

Car Seat Checks

Davis:

UC Davis Fire
Department
(530) 752-3852

Sacramento:

CHP Capitol
Protection
(916) 341-
4740

*UC Davis
Health
(916) 734-9798

Cosumnes
Fire Department
(916) 405-7224

El Dorado:

El Dorado Hills
Fire Department
(916) 933-6623

CHP North
Sacramento
(916) 348-2317

**West
Sacramento:**
West Sac Fire
Department
(916) 617-4600

Lincoln:

Lighthouse
Counseling and
Family Resource
Center
(926) 645-3300

*CHP Valley
Division
(916) 731-6320

Rocklin:

Rocklin Public
Safety
Foundation
(916) 625-5440

*Dignity Health
Mercy San Juan
Methodist
Hospital
(916) 864-5779

*Yolo County
HHS
(530) 406-4410

AAA:
Visit
aaa.com/carseats

***Spanish Speaking**

SACRAMENTO COUNTY



**PUBLIC
HEALTH**

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For questions about this flyer, call
Sacramento County Car Seat Program at
(916) 875-5869 (CA Relay 711)