



IMPACT

INTEGRATING MULTIDISCIPLINARY PALLIATIVE CARE

Communicating about Prognosis, Goals of Care, & Palliative Care

IMPACT Palliative Care Communication Workshop

Participant Agenda

8:00-8:05	Sign-in
8:05-8:20	Workshop Overview and Goal Setting
8:20-8:45	History of IMPACT
8:45-9:15	Discussing Prognosis, Goals of Care, and Palliative Care
9:15-9:30	Break
9:30-9:45	Introduction to Learning Exercises
09:45-11:00	Exercise #1: Eliciting Family Perspectives and Needs
11:00-11:40	Lunch
11:40-12:40	Exercise #2: Working with Providers to Address Family Needs
12:40-12:45	Break
12:45-1:45	Exercise #3: The Family Meeting
1:45-1:55	Break
1:55-3:10	Reflection Session: Coping with the Stresses of Palliative Care Work
3:10-3:15	Break
3:15-4:00	Questions and Taking it home

Notes:

Course Disclosures:

Requirements for completion of this program

- BRN: Provider approved by the California Board of Registered Nursing, provider number CEP 26, for 6.6 contact hours. To receive BRN credit, you must sign in on the official roster, be present for the entire course and complete the evaluation at the end of the course. C.E. credit will not be awarded for this program session if the participant is more than 20 minutes late.
- ACE: UC Davis Heath - Center for Professional Practice of Nursing, provider #1866, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: May 20, 2025–May 20, 2028. Social workers completing this course receive 6.75 continuing education credits. To receive ACE credit, you must sign in on the official roster, be present for the entire course and complete the evaluation and participation attestation at the end of this course.

Off-label use

- This educational activity does not include any unannounced information about off label use of a product for a purpose other than that for which it was approved by the Food and Drug Administration (FDA).

Potential Conflict of Interest & Financial Relationships Notification to Course Attendees

- There are no relevant financial relationships with ineligible companies (previously termed commercial interests) to disclose among planners, faculty, and everyone in control of content.

Contact Information

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Session Objectives

By the end of this course, the learner should be able to:

1. Identify the different members of the healthcare team and their role in palliative care.
2. Describe two challenges in ensuring that prognosis and GOC are discussed.
3. Describe at least one ethical and/or professional responsibility of healthcare providers to families.
4. Describe at least one way how health care providers can facilitate communication about prognosis and goals of care among families and providers.
5. Discuss at least one way how unintended or implicit bias can contribute to communicating with patients, families, and providers about prognosis and goals of care.
6. Identify three different care teams available within the organization (inpatient and/or outpatient) that can be utilized as a resource.
7. Discuss how learning exercises provide real world application of learner directed acquisition of skills for critical conversations.
8. Identify and describe the three key types of conversations that occur in palliative and end-of-life care, including their purpose and impact on patient-centered decision-making.
9. Discuss how role play provides real world application of learner directed acquisition of skills for critical conversations.
10. Describe a roadmap for eliciting family understanding of prognosis and goals of care.
11. Detail at least two core communication skills used to accomplish this a goals of care discussion.
12. Demonstrate use of the road map and at least two skills to communicate with a family member about prognosis and goals of care.
13. Describe a roadmap for collaborative patient care.
14. Detail at least two skills that encourage collaborative negotiation.
15. Demonstrate use at least two skills to encourage collaborative negotiation and a provider's attendance at family meeting.
16. Describe the recommended structure of a family meeting.
17. Detail at least two communication skills for providing emotional support and ensuring that family informational needs are addressed.
18. Demonstrate at least two communication skills to help ensure that family informational and emotional needs are addressed in a multidisciplinary family meeting.
19. Examine hidden costs of caring for the palliative care population.
20. Reflect on at least one personal experience with palliative care.
21. Describe at least two protective practices to address and prevent burnout and compassion fatigue.
22. Discuss at least one communication skill that the participant will apply to their professional practice.