

Let's talk about...

School Services in the Hospital

School is a big part of every child's life. It helps keep a normal routine, even in the hospital. If a student is in the hospital for more than five days, the Sacramento City Unified School District provides a full-time teacher to help.

The hospital teacher will work with your child's regular teacher and medical team. Lessons happen in small groups or right at the bedside. A parent or guardian must sign a form to enroll the child.

Tips to help your child:

- **Call the school:** Let your child's teacher/school know they are in the hospital.
 - **Get schoolwork:** Ask for assignments your child can do when they feel well enough.
 - **Bring books:** Bring your child's textbooks and homework to the hospital as soon as you can.
 - **Ask for help:** Tell your child's nurse or child life specialist if you want to start school services.
- **School engagement:** Encourage your child to participate in the school program. It can provide normalcy and may help them meet new people.
 - **Plan for home:** Before leaving the hospital, talk to the doctor about what your child needs to return to school safely. This may include paperwork related to attendance, home/hospital instruction requests, or any accommodations for your child.



For more information or to connect with a Child Life Specialist, please visit: <http://ucdavis.health/childlife>