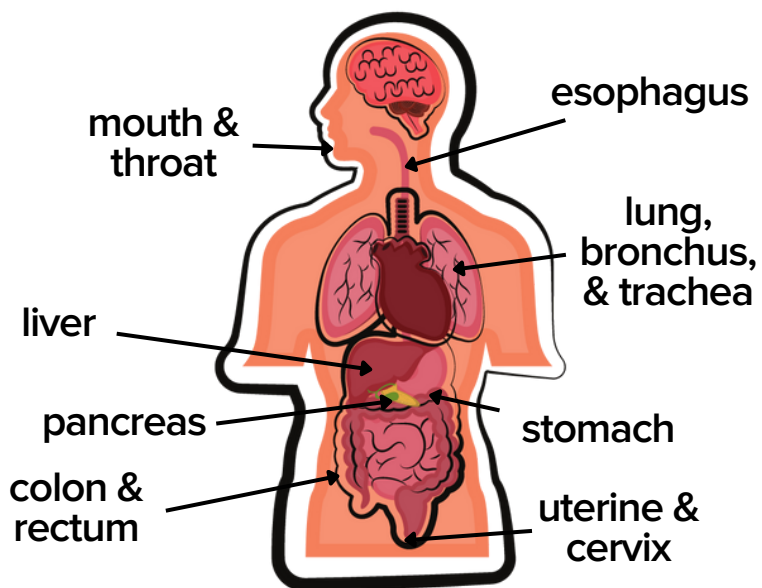


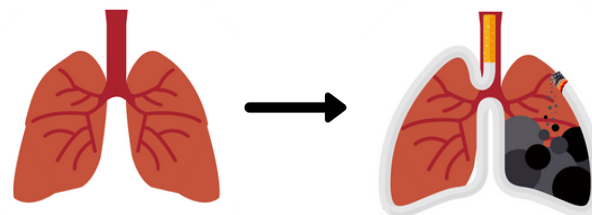
Tobacco Product Use:

What You Need to Know

Smoking is the leading cause of lung cancer



Only some cancers displayed for simplicity.



Adults exposed to secondhand smoke increase their risk of lung cancer by...

30%

80%

of lung cancer deaths are caused by cigarette smoking

Protect yourself and your family from all types of tobacco products!



All types of tobacco products, including cigarettes, cigars, e-cigarettes, hookah and more are harmful to your health. The secondhand smoke and vapors from these products are also harmful to those around you.

There are resources to help you QUIT!

KICK/IT
California

kickitca.org

Asian Smokers' Quitline

asiansmokersquitline.org



caquits.com

ALL Types of Smoking Cause Harm. Quit today!

Adapted from the Centers for Disease Control and Prevention's Division of Cancer Prevention and Control 2023

UC DAVIS HEALTH

COMPREHENSIVE CANCER CENTER

Office of Community Outreach and Engagement

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