

Plastic and Reconstructive Surgery: Hand/Upper Extremity

Adult Telehealth Consultations

We offer telehealth consultations for hand and upper extremity conditions that may benefit from plastic and reconstructive surgery. If you would like to refer a patient for a condition that is not listed below, please send your request along with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

Trauma Conditions (Studies Needed)

Fractures (acute, poorly healing or non-healing) and dislocations (X-rays)

- Forearm
- Carpal (e.g., scaphoid)
- Distal radius
- Metacarpal and phalanges

Tendon and ligament injuries

- Distal biceps tendon rupture (MRI)
- Flexor and extensor tendon injuries
- Scapholunate ligament tear (X-ray)
- Thumb ulnar collateral ligament rupture (X-ray)

Nerve injury

- Nerve lacerations and neuromas

Degenerative/Inflammatory Conditions (Studies Needed)

Nerve compression (EMG/NCS)

- Carpal tunnel syndrome
- Cubital tunnel syndrome
- Radial tunnel syndrome

Arthritis (X-ray of affected joints)

- Wrist (e.g., radiocarpal, midcarpal, distal radioulnar joint)
- Base of thumb (e.g., carpometacarpal joint arthritis)
- Fingers

Tendon and soft tissue conditions (no studies needed)

- Trigger finger
- DeQuervain's tenosynovitis
- Dupuytren's contracture

Information Needed Prior to Scheduling an Appointment

- [Telehealth Referral Request Form](#)
- Recent history and physical, and all applicable clinical information from the patient's chart, including imaging studies

Information Needed Before the Consultation Begins

- Signed [UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices](#) form (new patients only)
- Documented verbal consent from the patient for participation in a telehealth consultation

Appointment Scheduling

New: 30 minutes

Follow-up: 15 minutes

Level of Presenter Required at Consultation

PA, NP or MA

Required Equipment

- Videoconferencing Unit
- General Patient Exam Camera



Consultants

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UC Davis Health Clinical Telehealth Program

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